

## ABCIS Y8 Da Lat

Day 1 - April 13, 2026

Time	Group 1	Group 2	Group 3	Group 4
6:30 AM	Depart from ABCIS			
12:30 PM	Arrive at La Sapinette Check-in Lunch			
2:00 PM	Da Lat amazing race			
5:30 PM	Free Time & Shower Time			
6:30 PM	Dinner			
7:30 PM	Quiz night			
9:30 PM	Lights Out			

Note: We will have lunch on the journey. Students need to bring food (or money).

# La Sapinette Hotel Da Lat

## Students

- ❑ 2 - 3 students per room
- ❑ Separated area for boys and girls

## Teachers

- ❑ 1 teacher per room. Teacher rooms are located at the beginning of male and female sides.

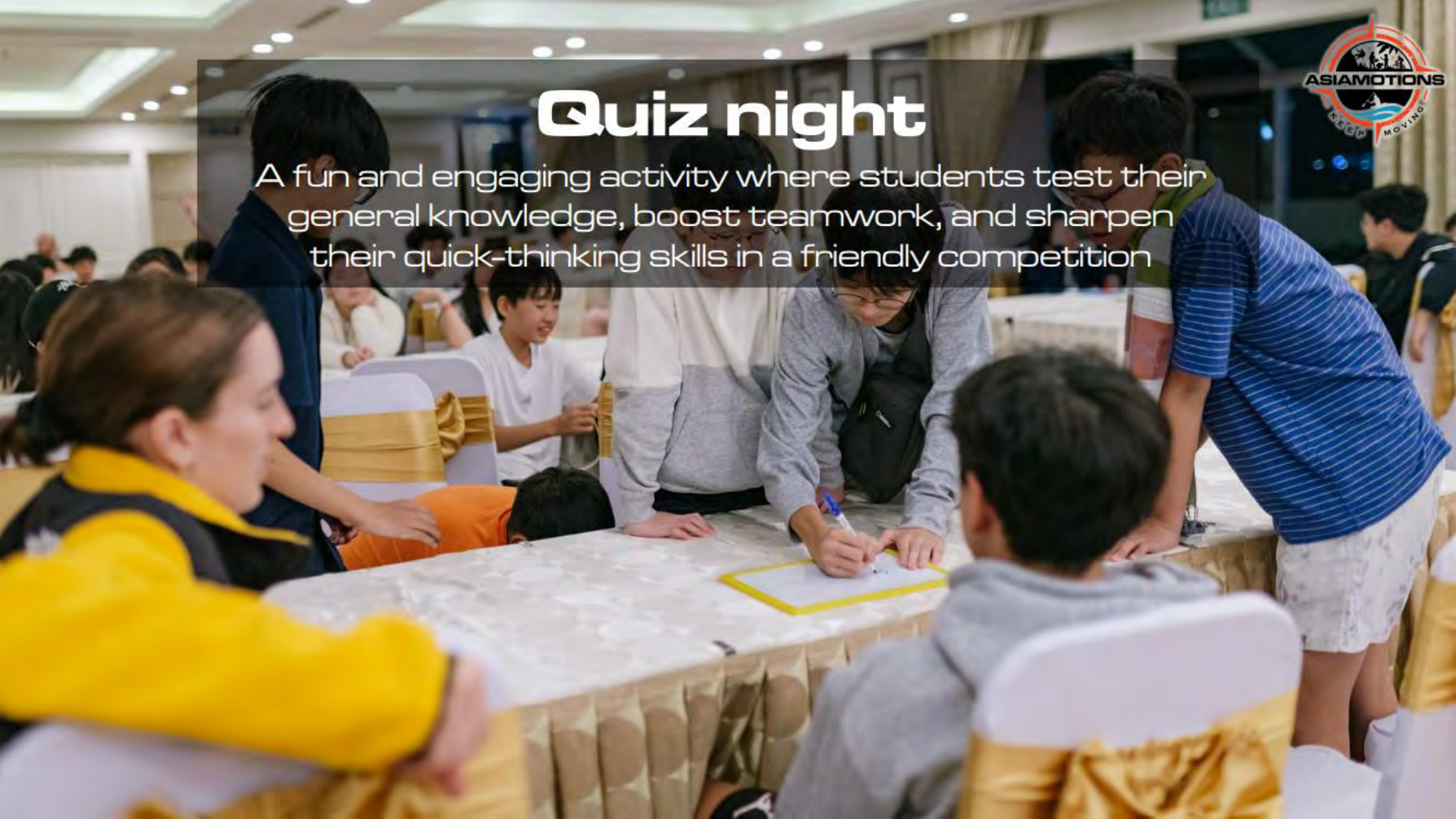


# Da Lat amazing race

Students will be dispatched into teams. Through challenges scattered on various locations, they will explore Da Lat and get to understand the history of the city, the way it has developed and the main economics it relies on

# Quiz night

A fun and engaging activity where students test their general knowledge, boost teamwork, and sharpen their quick-thinking skills in a friendly competition



Day 2 - April 14, 2026

	Group 1	Group 2	Group 3	Group 4
7:30 AM	Breakfast			
8:30 AM	Bus transfer to Tuyen Lam Boating to Nam Qua island and hike challenge		Travel to Datanla and participate in Canyoning	
12:30 PM	Lunch at Nam Qua		Lunch at Datanla	
1:30 PM	Multi-sport race: SUP, run, swimming & puzzles		High ropes course	
4:30 PM	Transfer back to La Sapinette hotel			
5:15 PM	Free Time & Shower Time			
6:30 PM	Dinner			
7:30 PM	Reflection Handbook			
7:45 PM	Talent show/ Karaoke/ Just dance			
8:45 PM	Lights Out			

## Hike challenges

The hike challenge engages students in navigation and problem-solving tasks while they collect key items along the trail to complete their mission



## Multi challenge race

Team will participate in a fun, high-energy activity combining S.U.P, run, swimming and puzzles to build teamwork, problem-solving, and resilience

# Talent show/ Karaoke/ Just dance

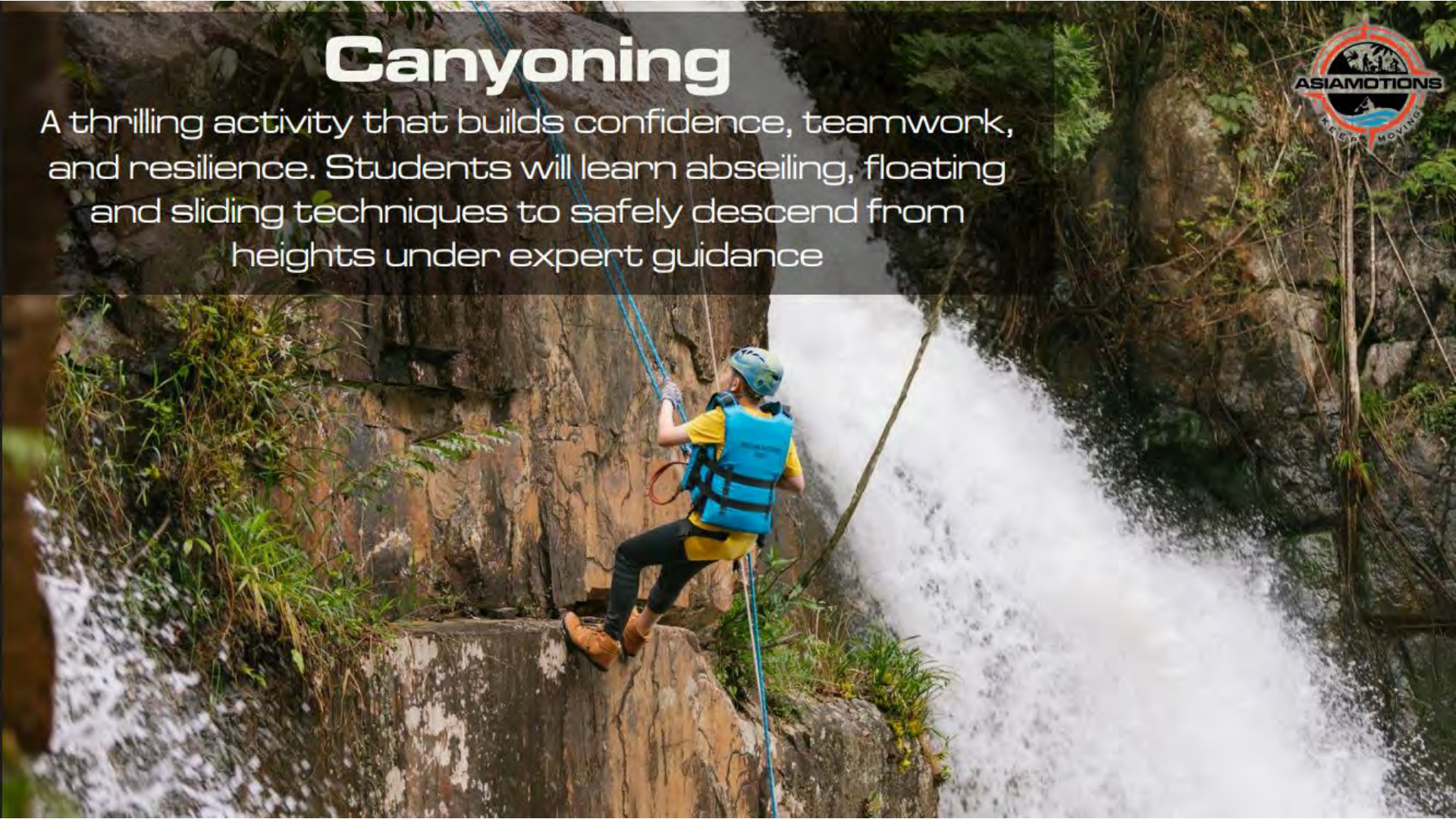
The activity creates an engaging and rewarding experience that allows students to showcase their unique skills and talents, boost their confidence

Day 3 - April 15, 2026

	Group 1	Group 2	Group 3	Group 4
7:30 AM	Breakfast			
8:30 AM	Travel to Datanla and participate in Canyoning		Bus transfer to Tuyen Lam Boating to Nam Qua island and hike challenge	
12:30 PM	Lunch at Datanla		Lunch at Nam Qua	
1:30 PM	High ropes course		Multi-sport race: SUP, run, swimming & puzzles	
4:30 PM	Transfer back to La Sapinette hotel			
5:15 PM	Free Time & Shower Time			
6:30 PM	Dinner			
7:30 PM	Reflection Handbook			
7:45 PM	Action Bingo night			
8:45 PM	Lights Out			

# Canyoning

A thrilling activity that builds confidence, teamwork, and resilience. Students will learn abseiling, floating and sliding techniques to safely descend from heights under expert guidance





# High ropes course

Students will challenge themselves on a high ropes course designed to build courage, focus, and teamwork- using international standard safety equipment (Petzl, Beal) and is supervised by trained facilitators.



# Action bingo

A fun, interactive “party game” where students complete quick and creative challenges to mark off bingo squares—sparking energy, teamwork, and excitement

Day 4 - April 16, 2026

	Group 1	Group 2	Group 3	Group 4
7:30 AM	Breakfast			
8:30 AM	Pack up & Check-out			
9:30 AM	Transfer to ABCIS by buses			
3:30:00 - 4:00 PM	Student drop off at ABCIS			